




# Allergen Information

## Salad Dressings: Creamy

 <b>Variant</b>	<b>Ingredients List</b>	<b>Unit Size</b>	<b>Contains Fish</b>	<b>Contains Egg</b>	<b>Contains Dairy</b>	<b>Contains Wheat</b>	<b>Contains Gluten</b>	<b>Contains Sesame</b>	<b>Contains Soya</b>	<b>Contains Sulphur Dioxide</b>	<b>Contains Nuts</b>	<b>Contains Garlic</b>	<b>Low Fat</b>	<b>Vegan</b>	<b>Halaal</b>	<b>Kosher Parev</b>	<b>Kosher Dairy</b>
<b>Blue Cheese</b>	Filtered water, Canola oil (23%) (Antioxidant: Vitamin E), Blue cheese (9%) (Cow's milk, Salt, Calcium chloride, Cheese cultures, Non-animal rennet), Sugar, Corn starch, Vinegar, Salt, Acidity regulators, Spices (Radurised), Stabiliser, Lemon concentrate, Preservative: Sorbic acid, Flavouring.	50ml 300ml			●										●		●
<b>Caesar</b>	Filtered water, Canola oil (18%) (Antioxidant: Vitamin E), Extra virgin olive oil (6%), Lemon juice, Vinegar, Sugar, Corn starch, Salt, Italian hard cheese (Milk, Salt, Microbial enzymes), Garlic, Egg yolk powder, Fish stock (Water, White fish, Onion, Carrot, Leeks, Celery, Vinegar, Salt, Anchovy extract, Pectin, Fennel, Parsley, Black pepper), Mustard powder, Stabiliser, Flavouring, Spices (Radurised), Yeast extract, Acidity regulator, Colourant: Beta carotene.	50ml 300ml	●	●	●						●				●		
<b>Herb</b>	Filtered water, Canola oil (27%) (Antioxidant: Vitamin E), Sugar, Corn starch, Salt, Mustard powder (Radurised), Vinegar, Fresh garlic, Extra virgin olive oil (1%), Cider vinegar (Preservative: Sulphur dioxide), Dried garlic (Radurised), Dried herbs, Lactic acid, Stabiliser, Black pepper (Radurised), Yeast extract, Flavouring, Colourant: Chlorophyll.	300ml								●	●		●	●	●		
<b>Honey Mustard</b>	Filtered water, Canola oil (25%) (Antioxidant: Vitamin E), Honey (8%), Sugar, Cider vinegar (Preservative: Sulphur dioxide), Mustard (4%) (Powder and seeds), Apple concentrate, Corn starch, Salt, Vinegar, Sugar, Lactic acid, Spices (Radurised), Dried garlic (Radurised), Stabiliser, Yeast extract, Colourant: Beta carotene, Flavouring.	50ml 300ml								●	●				●	●	
<b>Greek</b>	Filtered water, Extra virgin olive oil (15%), Lemon Juice (9%), Vinegar, Canola oil (4%) (Antioxidant: Vitamin E), Salt, Sugar, Corn starch, Dijon mustard (1%) (Water, Mustard powder, Vinegar, Sugar, Salt, Corn starch, Spices (Radurised), Stabiliser, Acidity regulator, Yeast extract, Flavouring), Garlic, Dried herbs, Fresh mint (1%), Black pepper (Radurised), Lemon zest, Stabiliser, Colourant: chlorophyll, Flavouring.	300ml									●		●	●	●		

## Salad Dressings: Reduced Oil




Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Balsamic</b>	Filtered water, Balsamic vinegar (13%) (Balsamic vinegar, Caramel colour, Sulphur dioxide), Red grape concentrate (Grapes, Colourant), Salt, Extra virgin olive oil (3%), Corn starch, Dried garlic (Radurised), Dried olives, Acidity regulators, Stabiliser, Caramel colour, Yeast extract, Flavouring.	300ml								●	●			●	●		
<b>Honey Mustard</b>	Filtered water, Honey (11%), Apple concentrate, Cider vinegar (Preservative: Sulphur dioxide), Mustard (3%) (Powder and seeds), Canola oil (3%) (Antioxidant: Vitamin E), Salt, Corn starch, Lactic acid, Stabiliser, Spices (Radurised), Sugar, Dried garlic (Radurised), Yeast extract, Colourant: Beta carotene, Flavouring.	300ml							●	●					●	●	
<b>Lime &amp; Coriander</b>	Filtered water, Canola oil (9%) (Antioxidant: Vitamin E), Lime juice (5%), Palm sugar, Lemon juice, Salt, Corn starch, Fresh coriander (1%), Lemon zest, Citric acid, Flavouring, Stabiliser, Lime zest, Black pepper (Radurised), Chilli (Radurised), Yeast extract, Colourants: Beta carotene and Chlorophyll, Preservative: Sorbic acid.	300ml												●	●	●	


## Salad Dressings: Classic

 <b>Variant</b>	<b>Ingredients List</b>	<b>Unit Size</b>	<b>Contains Fish</b>	<b>Contains Egg</b>	<b>Contains Dairy</b>	<b>Contains Wheat</b>	<b>Contains Gluten</b>	<b>Contains Sesame</b>	<b>Contains Soya</b>	<b>Contains Sulphur Dioxide</b>	<b>Contains Nuts</b>	<b>Contains Garlic</b>	<b>Low Fat</b>	<b>Vegan</b>	<b>Halaal</b>	<b>Kosher Parev</b>	<b>Kosher Dairy</b>
<b>Balsamic Vinaigrette</b>	Filtered water, Extra virgin olive oil (16%), Balsamic vinegar (15%) (Balsamic vinegar, Caramel colour, Sulphur dioxide), Red grape concentrate (Grapes, Colourant), Canola oil (5%) (Antioxidant: Vitamin E), Salt, Corn starch, Dried garlic (Radurised), Lactic acid, Caramel colourant, Flavouring.	50ml 300ml								●		●		●	●		

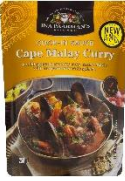
## Chutneys

 <b>Variant</b>	<b>Ingredients List</b>	<b>Unit Size</b>	<b>Contains Fish</b>	<b>Contains Egg</b>	<b>Contains Dairy</b>	<b>Contains Wheat</b>	<b>Contains Gluten</b>	<b>Contains Sesame</b>	<b>Contains Soya</b>	<b>Contains Sulphur Dioxide</b>	<b>Contains Nuts</b>	<b>Contains Garlic</b>	<b>Low Fat</b>	<b>Vegan</b>	<b>Halaal</b>	<b>Kosher Parev</b>	<b>Kosher Dairy</b>
<b>Peach Apricot</b>	Unrefined sugar, Filtered water, Apricots (12%), Peaches (12%), Cider vinegar, Fresh onion, Corn starch, Spices, Salt, Dried garlic, Colourant: Caramel.	320g								●		●		●	●	●	
<b>Sweet Chilli</b>	Tomatoes (36%), Sugar, Filtered water, Vinegar, Sweet chilli peppers (4%) (Sweet Piquanté peppers, Water, Sugar, Vinegar, Salt, Acidity regulators, Calcium chloride), Fish sauce (Anchovy extract, Salt, Sugar), Corn starch, Dried chilli (Radurised), Salt, Fresh garlic, Red jalapeno chilli (1%), Fresh ginger, Fibre, Stabilisers, Acidity regulator, Colourant, Yeast Extract, Flavouring.	320g	●							●		●			●		

## Coat & Cook Sauces

		Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
Variant	Ingredients List																
<b>Honey &amp; Mustard</b>	Filtered water, Sugar, Honey (12%), Mustard (7%) (Seeds and powder), Salt, Glucose syrup, Vinegar, Canola oil (Antioxidant: Vitamin E), Malt syrup (Malted barley (Gluten)), Corn starch, Lactic acid, Citric acid, Spices (Radurised), Stabilisers, Flavourings, Colourant: Beta carotene.	200ml					●								●	●	
<b>Honey &amp; Soy</b>	Filtered water, Sugar, Honey (10%), Soy sauce (9%) (Water, Soybeans, Wheat, Salt, Sugar, Glucose), Plum concentrate, Corn starch, Vinegar, Salt, Fresh ginger, Toasted sesame oil, Colourant: Caramel, Tapioca starch, Spices (Radurised), Citric acid, Stabilisers, Flavourings.	200ml			●	●	●	●							●	●	
<b>Lemon &amp; Herb</b>	Filtered water, Canola oil (Antioxidant: Vitamin E), Glucose syrup, Vinegar, Apple concentrate, Extra virgin olive oil, Sugar, Salt, Corn starch, Lemon concentrate (1%), Garlic, Citric acid, Lactic acid, Herbs (0.5%), Spices (Radurised), Stabilisers, Lime concentrate, Lemon zest, Flavourings, Colourant: Beta carotene.	200ml									●		●	●	●	●	
<b>Olive Oil &amp; Rosemary</b>	Filtered water, Canola oil (Antioxidant: Vitamin E), Extra virgin olive oil (8%), Garlic, Salt, Corn starch, Vinegar, Rosemary (0.5%), Lactic acid, Stabilisers, Flavourings, Spices (Radurised), Citric acid, Sage.	200ml									●		●	●	●	●	
<b>Peri-Peri</b>	Filtered water, Canola oil (Antioxidant: Vitamin E), Extra virgin olive oil, Sugar, Tomato paste, Salt, Vinegar, Glucose syrup, Spices (Radurised), Toasted onion, Garlic, Corn starch, Chilli (Radurised) (1%), Citric acid, Lemon concentrate, Lactic acid, Stabilisers, Lime concentrate, Oreganum, Lemon zest, Flavourings.	200ml									●		●	●	●	●	
<b>Sun-dried Tomato</b>	Filtered water, Glucose syrup, Sun-dried tomatoes (6%) (Preservative: Sulphur dioxide) (Radurised), Fresh onions, Canola oil (Antioxidant: Vitamin E), Extra virgin olive oil, Sugar, Vinegar, Tomato paste (2%), Salt, Corn starch, Garlic, Stabilisers, Citric acid, Lactic acid, Spices (Radurised), Fresh basil, Natural colourant: Aronia, Flavourings.	200ml								●	●		●	●	●	●	

Curry Cook- In Sauces

 <p><b>Variant</b></p>	<p><b>Ingredients List</b></p>	<p><b>Unit Size</b></p>	<p><b>Contains Fish</b></p>	<p><b>Contains Egg</b></p>	<p><b>Contains Dairy</b></p>	<p><b>Contains Wheat</b></p>	<p><b>Contains Gluten</b></p>	<p><b>Contains Sesame</b></p>	<p><b>Contains Soya</b></p>	<p><b>Contains Sulphur Dioxide</b></p>	<p><b>Contains Nuts</b></p>	<p><b>Contains Garlic</b></p>	<p><b>Low Fat</b></p>	<p><b>Vegan</b></p>	<p><b>Halaal</b></p>	<p><b>Kosher Parev</b></p>	<p><b>Kosher Dairy</b></p>
<p><b>Cape Malay</b></p>	<p>Filtered water, Fresh onion, Coconut cream (Coconut milk, Water, Stabilisers, Emulsifier, Citric Acid), Fresh tomato, Fresh quince, Vegetable oil (Canola seed) (Antioxidant Vitamin E), Fresh cream, Fresh ginger, Spices (Radurised), Fresh garlic, Vinegar, Sugar, Corn starch, Salt.</p>	<p>250ml</p>			<p>●</p>							<p>●</p>			<p>●</p>		<p>●</p>
<p><b>Durban</b></p>	<p>Filtered water, Fresh onion, Vegetable oil (Canola seed) (Antioxidant Vitamin E), Fresh tomato, Spices (Radurised), Fresh garlic, Fresh ginger, Sugar, Corn starch, Salt, Vinegar, Chilli (Radurised), Fresh curry leaves.</p>	<p>250ml</p>										<p>●</p>	<p>●</p>	<p>●</p>	<p>●</p>	<p>●</p>	
<p><b>Butter Chicken</b></p>	<p>Tomatoes (26 %) (Tomatoes, Tomato juice, Citric acid), Water, Coconut milk (Coconut milk, Water, Stabilisers, Emulsifier, Citric acid), Fresh onion, Fresh cream, Butter (3 %) (Milk, Salt), Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Sugar, Spices (Radurised), Fresh ginger, Salt, Fresh garlic, Corn starch, Colourant: Annatto.</p>	<p>250ml</p>		<p>●</p>								<p>●</p>			<p>●</p>		
<p><b>Tikka Masala Curry</b></p>	<p>Water, Tomatoes (Tomatoes, Tomato juice, Citric acid), Fresh onion, Fresh cream, Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Tomato paste, Sugar, Fresh ginger, Spices (Radurised), Chilli (Radurised), Salt, Fresh garlic, Buttermilk powder, Spirit vinegar, Corn starch, Colourant: Annatto.</p>	<p>250ml</p>		<p>●</p>								<p>●</p>			<p>●</p>		<p>●</p>

Ready to Serve Sauces



Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Blue Cheese</b>	Filtered water, Blue cheese (19%) (Cow's milk, Salt, Calcium chloride, Cheese cultures, Non-animal rennet), Fresh cream (10%), Corn starch, Skim milk powder, Butter (Cream, Colourant, Salt), Salt, Spices (Radurised), Acidity regulator, Flavouring, Yeast extract.	200ml			●										●		●
<b>Cheese</b>	Filtered water, Fresh cream (14%), Mature cheddar (12%) (Cow's milk, Salt, Colourant (Annato), Calcium chloride, Non-animal rennet, Cheese cultures), Corn starch, Skim milk powder, Butter (3%) (Cream, Colourant, Salt), Salt, Spices (Radurised), Acidity regulator, Yeast extract, Flavouring, Colourant: Beta Carotene.	200ml 400ml			●										●		
<b>Creamy Curry</b>	Purified water, Canola oil (23%), Apricot chutney, Sugar, Spirit vinegar, Modified corn starch, Tomato, Spices, Salt, Cider vinegar, Mustard, Onion, Garlic, Pasteurised egg yolk powder, Stabiliser: Xanthan gum, Citric acid, Ginger, Lactic acid, Preservative: Sorbic acid, Yeast extract, Natural and nature identical flavours.	200ml		●											●	●	
<b>Mushroom</b>	Filtered water, Roasted mushrooms (19%), Fresh cream (16%), Mushroom stock (contains: Portobellini mushrooms, Balsamic vinegar (contains: Caramel colour, Sulphur dioxide), Stabilisers, Fresh thyme), Corn starch, Skim milk powder, Canola oil (Antioxidant: Vitamin E), Butter (Cream, Colourant, Salt), Beef Stock (2%) (contains: Beef, Fresh onion, Fresh carrots, Fresh celery, Sugar, Tomato paste), Salt, Spices (Radurised), Garlic, Acidity regulator, Yeast extract, Flavouring.	200ml			●					●	●				●		
<b>Mushroom</b>	Filtered water, Roasted mushrooms (19%), Fresh cream (16%), Mushroom stock (contains: Portobellini mushrooms, Balsamic vinegar (contains: Caramel colour, Preservative: Sulphur dioxide), Stabilisers, Fresh thyme), Corn starch, Skim milk powder, Vegetable Oil (Canola seed) (Antioxidant: Vitamin E), Butter (Cream, Salt), Beef Stock (2%) (contains: Beef, Fresh onion, Fresh carrots, Fresh celery, Sugar, Tomato paste), Salt, Acidity regulator, Spices (Radurised), Garlic, Yeast extract, Flavouring.	400ml			●					●	●				●		

Ready to Serve Sauces (continued)



Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
Pepper	Filtered water, Fresh cream (17%), Corn starch, Skim milk powder, Beef stock (4%) (contains: Beef, Fresh onion, Fresh carrots, Fresh celery, Vinegar, Sugar, Spices (Radurised), Tomato paste, Garlic puree, Stabiliser, Colourant: caramel, Fresh thyme), Butter (Cream, Colourant, Salt), Canola oil (Antioxidant: Vitamin E), Green peppercorns (1%), Black pepper (Radurised), Salt, Acidity regulator, Yeast extract, Flavouring.	200ml			●							●			●		
Pepper	Filtered water, Fresh cream (17%), Corn starch, Skim milk powder, Beef stock (4%) (contains: Beef, Fresh onion, Fresh carrots, Fresh celery, Vinegar, Sugar, Spices (Radurised), Tomato paste, Garlic puree, Stabiliser, Colourant: caramel, Fresh thyme), Butter (Cream, Salt), Vegetable Oil (Canola seed) (Antioxidant: Vitamin E), Green peppercorns (1%), Black pepper (Radurised), Salt, Acidity regulator, Yeast extract, Flavouring.	400ml			●							●			●		
Reduced Fat Cheese	Filtered water, Fresh cream (11%), Mature cheddar (10%) (Cow's milk, Salt, Colourant (Annato), Calcium chloride, Non-animal rennet, Cheese cultures), Corn starch, Skim milk powder, Butter (3%) (Cream, Colourant, Salt), Salt, Spices (Radurised), Acidity regulator, Yeast extract, Flavouring, Colourant: Beta carotene.	200ml			●										●		
Roast Beef Gravy	Filtered water, Beef broth (14%) (contains: Beef, Onion, Carrot, Celery, Salt), Roasted onion (4%), Corn starch, Salt, Wheat flour, Brown balsamic vinegar (1%) (contains: Caramel colourant), Sugar, Fresh garlic, Yeast extract, Caramel colourant, Xanthan gum, Pepper, Fresh thyme.	200ml				●	●					●			●		
Roast Chicken Gravy	Filtered water, Chicken stock (10%) (Water, Chicken, Fresh onion, Fresh carrot, Fresh celery, Vinegar, Salt), Chicken fat (4%) (Chicken, Canola oil (Antioxidant: Vitamin E), Salt, Spices (Radursied)), Corn starch, Fresh onion, Salt, Fresh carrot, Wheat flour (Gluten), Sugar, Fresh garlic, Vinegar, Flavouring, Stabiliser, Fresh sage, Yeast extract, Spices (Radurised), Colourants: Caramel and beta carotene, Fresh thyme.	200ml				●	●					●			●		

Ready to Serve Sauces (continued)

<p><b>Roast Onion Gravy</b></p>	<p>Filtered water, Roast onions (9% (Onions, Canola oil (Antioxidant: Vitamin E)), Portobellini mushrooms, Modified corn starch, Wheat flour (Gluten), Sugar, Salt, Tomato paste, Vinegar, Garlic, Soy sauce (Water, Soybeans, Wheat, Salt, Sugar, Glucose), Yeast extract, Caramel colour, Stabilisers, Spices (Radurised), Flavouring, Fresh thyme.</p>	<p>200ml</p>				●	●		●			●		●	●	●	
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Pestos




Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Basil</b>	Fresh basil (39 %), Filtered water, Canola oil (Antioxidant: Vitamin E), Parmesan cheese (10 %) (Cow's milk, Salt, Microbial rennet), Roasted Macadamia nuts (6 %), Extra virgin olive oil (5 %), Lemon juice, Fresh garlic (2 %), Salt, Black pepper (Radurised), Corn starch, Stabiliser: Xanthan gum, Colourant: chlorophyll, Flavouring.	125g			●						●	●			●		
<b>Coriander</b>	Fresh coriander (41%), Coriander oil infusion (19%) (Canola oil (Antioxidant: Vitamin E), Fresh coriander), Filtered water, Roasted macadamia nuts (6%), Fresh garlic, Lemon juice, Salt, Spices, Flavouring, Colourants: Chlorophyll and beta carotene, Corn starch, Black pepper, Stabiliser: Xanthan gum, Yeast extract.	125g									●	●		●	●		
<b>Roasted Red Pepper</b>	Roasted red bell peppers (33%), Filtered water, Tomatoes, Vegetable oil (Extra virgin olive fruit) (8%) and Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Roasted macadamia nuts (4%), Tomato paste, Parmesan cheese (4%) (Cow's milk, Salt, Cheese cultures, Vegetable rennet), Lemon juice, Sugar, Fresh garlic, Salt, Vinegar, Corn starch, Paprika, Stabiliser: Xanthan gum, Black pepper, Yeast extract, Colourant: Fruit extracts, Fresh origanum, Flavouring.	125g			●						●	●			●		
<b>Sun-dried Tomato</b>	Sun-dried tomatoes (28%), Filtered water, Extra virgin olive oil (14%), Tomatoes (13%), Vinegar, Fresh garlic, Canola oil (Antioxidant: Vitamin E), Tomato paste, Sugar, Salt, Corn starch, Fresh basil, Pepper, Stabiliser: Xanthan gum, Colourant: Fruits extracts, Yeast extract, Flavouring.	125g										●		●	●		
<b>Mushroom</b>	Fresh mushrooms (65 %), Filtered water, Shiitake mushroom infusion (12 %), Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Vegetable oil (Olive fruit), Balsamic vinegar (5 %) (Concentrated grape must, Vinegar, Caramel colour), Salt, Corn starch, Fresh garlic, Stabilisers, Flavouring, Spices (Radurised), Caramel colour, Thyme (Fresh and dried).	125g										●		●	●		


## Antipasti

 Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
Sun-dried Tomatoes	Garlic and herb vinaigrette (54%) (Filtered water, Sugar, Vinegar, Salt, Fresh garlic, Spices (Radurised), Herbs, Flavouring), Hydrated sun-dried tomatoes (36%) (Filtered water, Sun-dried tomato quarters (Radurised), Spirit vinegar, Acidity regulator), Vegetable oil (Olive fruit) (10%).	240g								●		●		●	●	●	


## Poultry Stuffing Mix

 Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
Onion and Sage	Toasted breadcrumbs (73%) (Wheat flour (Gluten), Salt), Canola oil (Antioxidant: Vitamin E), Toasted onions (6%), Dextrose, Sage (2%), Salt, Herbs, Dried garlic, Flavouring, Dried lemon, Yeast extract, Acidity regulator (Citric acid), Spices (Radurised).	100g			● add	●	●			●		●		●	●	●	

## Spices

 Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
Cajun	Sea salt, Spices, Garlic, Onion, Chilli, Herbs, Fibre, Citric Acid, Yeast Extract, Flavouring.	200ml										●		●	●	●	
Chicken	Sea salt, Spices, Dextrose, Fibre, Onion, Flavouring, Herbs, Sun-dried tomato, Garlic, Sugar, Colourant: Caramel.	200ml										●		●	●	●	
Fish	Sea salt, Breadcrumbs (Wheat flour (Gluten), Salt), Wheat flour, Spices, Herbs, Citric acid, Lemon, Sun-dried Tomato, Garlic, Flavouring.	200ml				●	●					●		●	●	●	
Masala	Sea salt, Spices, Maltodextrin, Garlic, Sugar, Fibre, Tamarind, Flavouring.	200ml										●		●	●	●	
Meat	Sea Salt, Spices, Dextrose, Garlic, Fibre, Herbs, Sugar, Flavouring, Colourant: Caramel.	200ml										●		●	●	●	
Pasta	Sea salt, Breadcrumbs (Wheat flour (Gluten), Salt), Parmesan cheese (9%) (Cow's milk, Salt, Microbial rennet), Maltodextrin, Sugar, Dextrose, Garlic, Herbs, Black Pepper, Extra virgin olive oil, Flavouring, Yeast extract.	200ml		●	●	●						●			●		
Potato	Sea salt, Potato starch, Sugar, Onion, Garlic, Dextrose, Spices, Fibre, Herbs, Flavouring, Chives.	200ml										●		●	●	●	
Vegetable	Sea salt, Dehydrated vegetables (23 %) (Onion, Leek, Garlic, Celery), Fibre, Herbs, Spices, Sugar, Flavouring, Extra virgin olive oil.	200ml										●		●	●	●	

## Icing Kits and Baking Aids

 Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
Chocolate Icing Kit	Icing sugar, Cocoa powder (14%), Castor sugar, Corn starch, Salt, Flavouring.	250g			● add										●		●
Vanilla Icing Kits	Icing sugar, Castor sugar, Corn starch, Salt, Flavouring.	250g			● add										●		●

## Seasonings



Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Braai &amp; Grill</b>	Sea salt, Spices, Onion, Garlic, Sugar, Fibre, Sun-dried tomato, Canola oil (Antioxidant: Vitamin E), Yeast extract, Lemon, Celery, Flavouring.	200ml										●		●	●	●	
<b>Chilli &amp; Garlic</b>	Sea salt, Garlic (18 %), Chilli (9 %), Onion, Spices, Lemon, Herbs, Fibre, Flavouring.	200ml										●		●	●	●	
<b>Garlic &amp; Herb</b>	Sea salt, Garlic (16 %), Herbs (10 %), Spices, Dextrose, Maltodextrin, Extra virgin olive oil, Natural colourant, Flavouring.	200ml										●		●	●	●	
<b>Garlic Pepper</b>	Sea salt, Pepper (19 %), Garlic (16 %), Herbs, Chilli, Fibre, Flavouring.	200ml										●		●	●	●	
<b>Green Onion</b>	Sea salt, Onion (9 %), Black Pepper, Leeks, Garlic, Herbs, Lemon, Flavouring, Chives, Fibre.	200ml										●		●	●	●	
<b>Italian Cheese Sprinkle</b>	Breadcrumbs (contains: Wheat flour (Gluten), Salt), Pecorino cheese (25%) (contains: Cow's milk, Calcium chloride, Enzymes, Lysozyme (Egg), Microbial rennet, Starter cultures, Salt), Sea salt, Skim milk powder, Herbs, Dextrose, Flavouring, Dried garlic, Mustard powder, Spices, Fibre, Colourant, Yeast extract.	200ml		●	●	●	●					●			●		
<b>Lemon &amp; Black Pepper</b>	Sea salt, Pepper (15 %), Garlic, Lemon (4 %), Citric acid, Spices, Fibre, Flavouring, Herbs.	200ml										●		●	●	●	
<b>Lemon &amp; Rosemary</b>	Sea salt, Rosemary (15 %), Lemon (9 %), Dextrose, Fibre, Spinach, Black Pepper, Citric acid, Flavouring, Natural colourant.	200ml												●	●	●	
<b>Reduced Salt Garlic &amp; Herb</b>	Sea salt, Garlic (26 %), Herbs (20 %), Maltodextrin, Spices, Extra virgin olive oil, Natural colourant, Flavouring.	200ml										●		●	●	●	
<b>Rosemary &amp; Olive</b>	Sea salt, Rosemary (9%), Maltodextrin, Sugar, Garlic, Fibre, Flavouring, Olives (2 %), Spinach, Extra virgin olive oil, Herbs, Spices.	200ml										●		●	●	●	
<b>Seasoned Sea Salt</b>	Sea salt, Spices, Corn starch, Fibre.	200ml												●	●	●	

Pasta Sauces



Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Beef Bolognese</b>	Tomatoes (34 %) (Tomatoes, Tomato juice, Citric acid), Filtered water, Beef mince and fat (16 %), Fresh onions (7 %), Fresh carrots (5 %), Canola oil (Antioxidant: Vitamin E), Fresh garlic, Tomato paste, Salt, Fresh celery, Cornstarch, Spices (Radurised), Sugar, Vinegar, Extra virgin olive oil, Fresh thyme, Stabiliser, Yeast extract. Herbs, Chilli (Radurised), Flavouring.	400g 600g										●	●		●		
<b>Four Cheese</b>	Filtered Water, Gouda cheese (8 %) (Cow's milk, Salt, Colourant (Annatto), Calcium chloride, Non-animal rennet, Lactic cultures), Mature cheddar cheese (8 %) (Cow's milk, Salt, Calcium chloride, Colourant (Annatto), Non-animal rennet, Cheese starter cultures), Dried skimmed milk, Cream, Corn Starch, Mascarpone Cheese (3 %) (Cream, Full cream milk, Stabilisers, Citric Acid), Salt, Parmesan cheese (1 %) (Cow's Milk, Salt, Microbial rennet), Sugar, Spices (Radurised), Preservative: Potassium Sorbate, Flavouring.	400g			●										●		
<b>Creamy Roasted Mushroom</b>	Filtered Water, Roasted white mushrooms (17 %), Cream (13 %), Mushroom stock (7 %) (Water, Brown mushroom (47 %), Balsamic Vinegar (Concentrated grape must (Preservative: Sulphur dioxide), Vinegar, Caramel colour), Salt, Vegetable oil (Canola seed: Antioxidant Vitamin E), Corn Starch, Garlic, Pectin, Flavouring, Colourant: caramel, Stabiliser, Flavour enhancers, Spices (Radurised) Thyme), Corn Starch, Dried Skimmed Milk, Shiitake mushroom infusion (3 %), Vegetable oil (Canola seed: Antioxidant Vitamin E), Salt, Butter (Cream, Salt), Acidity regulator, Garlic, Spices (Radurised), Sugar, Preservative: potassium sorbate, Thyme, Flavouring.	400g			●					●		●			●		

Pasta Sauces (continued)




Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Tomato &amp; Mushroom</b>	Tomatoes (Tomatoes, Tomato juice, Citric acid), Filtered water, Roast mushrooms (15 %), Fresh onions, Canola oil (Antioxidant: Vitamin E), Tomato paste, Mushroom stock (2%) (Fresh mushrooms, Filtered water, Salt, Canola oil (Antioxidant: Vitamin E), Brown balsamic vinegar (contains: Caramel colour, Sulphur dioxide), Corn starch, Fresh garlic, Stabilisers, Caramel colourant, Spices, Flavouring, Fresh thyme), Corn starch, Fresh garlic, Salt, Sugar, Cabernet sauvignon vinegar, Fresh thyme, Spices, Stabiliser: Xanthan gum, Flavouring.	400g								●		●		●			
<b>Roast Pepper</b>	Tomatoes (39%) (Tomatoes, Tomato juice, Citric acid), Filtered water, Roast red pepper (10%), Sun-dried tomatoes (4%) (Water, Sun-dried tomato quarters (Preservative: Sulphur dioxide) (Radurised)), Fresh onions, Sugar, Tomato paste, Fresh garlic, Vinegar, Canola oil (Antioxidant: Vitamin E), Corn starch, Salt, Smoked paprika, Fresh oreganum, Stabiliser: Xanthan gum, Flavouring, Spices.	400g								●		●		●	●		
<b>Roasted Mediterranean Vegetable</b>	Roasted vegetables (45 %) (Onion, Baby Marrow (8 %), Aubergine (8 %), Red pepper (7 %), Carrot (6 %), Yellow pepper (6 %), Garlic), Water, Tomatoes (Tomatoes, Tomato juice, Citric acid), Vegetable oil (Canola seed: Antioxidant Vitamin E), Spices (Radurised), Salt, Sugar, Corn Starch, Vegetable oil (Olive fruit), Basil, Stabiliser, Yeast Extract.	400g										●	●	●	●	●	
<b>Sun-dried Tomato &amp; Parmesan</b>	Filtered water, Sun-dried tomato pulp (18%) (Sun-dried tomatoes (Preservative: Sulphur dioxide) (Radurised), Water, Sugar, Extra virgin olive oil, Vinegar, Salt, Fresh garlic, Spices, Black pepper, Herbs, Flavouring), Fresh cream, Corn starch, Parmesan cheese (3%) (Cow's milk, Salt, Microbial rennet), Mascarpone cheese (Cream, Full cream milk, Stabiliser, Citric acid), Salt, Sugar, Stabiliser: Xanthan gum, Cayenne pepper, Flavouring, Colourant: Beta carotene and Fruit extracts.	400g			●					●		●			●		

Pasta Sauces (continued)



Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
Tomato & Basil	Tomatoes (50 %) (Tomatoes, Tomato juice, Citric acid), Filtered water, Fresh onion, Tomato Paste, Sun-dried tomatoes (2 %) (Preservative: Sulphur dioxide), Canola oil (Antioxidant: Vitamin E), Cornstarch, Salt, Fresh basil (1 %), Sugar, Fresh garlic, Pepper (Radurised), Stabiliser, Yeast extract, Flavouring.	400g 600g								●		●	●	●	●	●	
Tomato, Olive & Chilli	Tomatoes (44 %) (Tomatoes, Tomato juice, Citric acid), Filtered water, Roast onions, Kalamata olives (5%), Extra virgin olive oil, Tomato paste (4%), Roast red pepper, Corn starch, Fresh garlic, Canola oil (Antioxidant: Vitamin E), Salt, Red jalapeno chilli (1%) (Fresh chilli, Salt), Vinegar, Capers, Smoked paprika, Chilli, Fresh oreganum, Flavouring, Stabiliser: Xanthan gum, Black pepper.	400g									●		●	●			

## Stock, Sauce and Soup Powders

 <b>Variant</b>	<b>Ingredients List</b>	<b>Unit Size</b>	<b>Contains Fish</b>	<b>Contains Egg</b>	<b>Contains Dairy</b>	<b>Contains Wheat</b>	<b>Contains Gluten</b>	<b>Contains Sesame</b>	<b>Contains Soya</b>	<b>Contains Sulphur Dioxide</b>	<b>Contains Nuts</b>	<b>Contains Garlic</b>	<b>Low Fat</b>	<b>Vegan</b>	<b>Halaal</b>	<b>Kosher Parev</b>	<b>Kosher Dairy</b>
<b>Beef Flavour Stock Powder</b>	Salt, Starch, Maltodextrin, Dextrose, Flavouring, Dehydrated vegetables (Onion, Carrots, Sun-dried tomato (Radurised), Garlic), Sugar, Potassium chloride, Colourant: caramel, Yeast extract, Herbs, Vegetable Oil (Canola Seed) (Antioxidant: Vitamin E), Spices (Radurised), Flavour enhancers, Acidity regulator.	150g									●	●	●	●	●		
<b>Brown Gravy Powder</b>	Tapioca starch, Sugar, Corn starch, Onion, Flavouring, Caramel colour, Potato starch, Mushrooms, Dextrose, Salt, Yeast extract, Sun-dried tomatoes (Radurised), Garlic, Spices (Radurised), Potassium chloride, Citric acid, Herbs.	150g				●					●		●	●	●		
<b>Chicken Flavour Stock Powder</b>	Salt, Corn starch, Flavouring (contains: Maltodextrin, Yeast extract, Vegetables, Flavouring, Spices), Dehydrated vegetables (Onions, Carrots, Leeks, Celery, Garlic), Sugar, Dextrose, Potassium chloride, Yeast extract, Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Herbs, Spices (Radurised), Citric acid.	150g									●	●	●	●	●		
<b>Roast Onion Soup &amp; Gravy Powder</b>	Roast onions (30%), Wheat flour (Gluten), Tapioca starch, Potato starch, Salt, Sugar, Garlic, Yeast extract, Caramel colour, Maltodextrin, Flavouring, Herbs, Citric acid, Spices (Radurised).	150g			●	●					●		●	●	●		
<b>Vegetable Stock Powder</b>	Salt, Dehydrated vegetables (35%) (Onions, Carrots, Mushrooms, Sun-dried Tomatoes (Radurised), Garlic, Celery), Corn starch, Sugar, Maltodextrin, Herbs, Yeast extract, Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Spices (Radurised), Flavouring, Colourant, Citric acid.	150g									●	●	●	●	●		
<b>White Sauce Powder</b>	Wheat flour (Gluten), Buttermilk powder, Corn starch, Potato starch, Skim milk powder, Salt, Sugar, Onion, Flavouring, Spices (Radurised), Mustard, Garlic, Colourant: caramel.	150g		●	●	●									●		



## Liquid Stocks




Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Beef</b>	Filtered water, Beef broth (20%) (Water, Beef, Onion, Carrots, Celery, Salt), Salt, Fresh onion, Vinegar, Sugar, Beef fat (3%), Corn starch, Fresh carrots, Flavouring, Canola oil (Antioxidant: Vitamin E), Tomato paste, Fresh garlic, Pectin, Caramel colourant, Fresh thyme, Stabiliser: Xanthan gum, Black pepper.	8x25g										●			●		
<b>Chicken</b>	Filtered water, Chicken broth (19%) (Water, Chicken, Onion, Carrots, Celery), Salt, Fresh onion, Vinegar, Fresh carrots, Sugar, Corn starch, Flavouring, Fresh celery, Pectin, Fresh sage, Caramel colourant, Stabiliser: Xanthan gum, Spices.	8x25g													●		
<b>Fish</b>	Filtered water, Fish broth (36%) (Water, Fish (Kingklip, Hake, Trout), Onion, Carrots, Celery, Vinegar, Salt, Parsley, Black pepper), Lemon juice, Salt, Fresh onion, Fresh leeks, Canola oil (Antioxidant: Vitamin E), Sugar, Corn starch, Fresh carrots, Fresh garlic, Flavouring, Pectin, Stabiliser: Xanthan gum, Spices, Colourant: Beta carotene.	8x25g	●									●			●	●	
<b>Vegetable</b>	Filtered water, Vegetable broth (18%) (Water, Onion, Carrots, Celery, Garlic, Thyme), Fresh carrots, Salt, Fresh onion, Canola oil (Antioxidant: Vitamin E), Portobellini mushrooms, Fresh leeks, Cider vinegar, Sugar, Extra virgin olive oil, Fresh celery, Tomato paste, Fresh herbs, Fresh garlic, Corn starch, Pectin, Flavouring, Spices, Stabiliser: Xanthan gum, Colourant: Beta carotene.	8x25g										●	●	●	●	●	

## Marinades




Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Barbeque</b>	Filtered water, Sugar, Onion, Cider vinegar, Vegetable oil (Canola seed) (Antioxidant: vitamin E), Vinegar, Salt, Glucose, Starch, Soy sauce (Water, Soybeans, Wheat, Salt), Tomato paste (2 %), Dried peaches, Dried apricots, Spices (Radurised), Garlic, Tamarind, Sun-dried tomato (0,5 %), Balsamic vinegar (Concentrated grape must, Vinegar, Caramel colour), Molasses, Colourant, Oreganum, Citric acid, Stabiliser, Flavouring, Yeast extract, Lactic acid, Anchovy (Anchovies, Sea salt), Mushroom, Lemon concentrate.	500ml	●			●	●		●	●		●			●		
<b>Lemon</b>	Filtered water, Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Salt, Honey, Starch, Garlic, Sugar, Vinegar, Cider vinegar, Lemon concentrate (1 %), Fresh coriander (1 %), Flavouring, Lime concentrate, Spices (Radurised), Citric acid, Basil, Stabiliser, Lactic acid, Yeast extract, Colourant: Beta carotene.	500ml									●				●		
<b>Peri-Peri</b>	Filtered water, Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Tomato paste, Sugar, Salt, Glucose, Vinegar, Spices, Onion, Starch, Garlic (1 %), Chilli (1 %) (Radurised), Citric acid, Lactic acid, Lemon concentrate (0,4 %), Lime concentrate, Stabilisers, Oreganum, Flavouring, Yeast extract.	500ml									●		●	●	●	●	
<b>Sticky</b>	Filtered water, Sugar, Soy sauce (9 %) (Water, Soybeans, Wheat, Salt), Glucose, Starch, Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Vinegar, Malt syrup (Gluten), Salt, Garlic, Tamarind, Colourant: caramel, Spices (Radurised), Citric acid, Yeast extract, Flavouring.	500ml				●	●		●			●	●	●	●	●	


## Bake Mixes

 <b>Variant</b>	<b>Ingredients List</b>	<b>Unit Size</b>	<b>Contains Fish</b>	<b>Contains Egg</b>	<b>Contains Dairy</b>	<b>Contains Wheat</b>	<b>Contains Gluten</b>	<b>Contains Sesame</b>	<b>Contains Soya</b>	<b>Contains Sulphur Dioxide</b>	<b>Contains Nuts</b>	<b>Contains Garlic</b>	<b>Low Fat</b>	<b>Vegan</b>	<b>Halaal</b>	<b>Kosher Parev</b>	<b>Kosher Dairy</b>
<b>Carrot Cake</b>	<p>CARROT &amp; PINEAPPLE PULP: Fresh carrot (20%), Filtered water, Sugar, Pineapple concentrate (5%), Corn starch, Acidity regulator.</p> <p>DRY MIX: Wheat flour (Gluten), Castor sugar, Macadamia nuts (8%), Corn starch, Baking powder, Dextrose, Spices, Salt, Raising agent, Fibre, Flavouring, Colourant: Beta carotene.</p>	595g		● add	● add	●	●				●				●	●	
<b>Choc Chip Cookies</b>	<p>Wheat flour (Gluten), Sugar, Chocolate chips (20 %) (Sugar, Cocoa mass, Cocoa butter, Soya lecithin, Flavouring), Corn starch, Raising agent, Flavouring.</p>	390g		● add	● add	●	●		●						●		●
<b>Chocolate Brownies</b>	<p>Sugar, Wheat flour (Gluten), Chocolate chips (9 %) (Sugar, Cocoa mass, Cocoa butter, Soya lecithin, Flavouring), Cocoa powder, Corn starch, Malt extract powder (Malted barley (Gluten), Water), Raising agent, Salt, Flavouring, Yeast extract.</p>	550g		● add	● add	●	●		●						●		●
<b>Chocolate Cake</b>	<p>Sugar, Wheat flour (Gluten), Corn starch, Cocoa powder, Raising agents, Salt, Flavourings, Yeast extract.</p>	650g		● add		●	●								●	●	
<b>Chocolate Mousse</b>	<p>Skim milk powder, Sugar, Cocoa powder, Dextrose, Starch, Gelatine, Canola Oil (Antioxidant: Vitamin E), Salt, Flavouring.</p>	310g			●												
<b>Lemon Flavour Cheesecake</b>	<p>Skim milk powder, Sugar, Dextrose, Buttermilk powder (Milk solids), Starch, Gelatine, Citric acid, Cheese powder (Whey powder, Cheese, Corn flour, Emulsifier, Flavouring), Salt, Flavouring.</p>	250g			●												
<b>Raisin &amp; Bran Muffins</b>	<p>Wheat flour (Gluten), Sugar, Raisins (14 %), Wheat bran (11 %), Dextrose, Corn starch, Raising agent, Salt.</p>	700g		● add	● add	●	●								●	●	
<b>Red Velvet Cake</b>	<p>Sugar, Wheat flour (Gluten), Corn starch, Raising agent, Dextrose, Cocoa powder, Salt, Fibre, Beetroot powder (Red beet juice concentrate, Maltodextrin, Citric acid), Colourant, Flavourings.</p>	580g		● add	● add	●	●								●	●	
<b>Vanilla Cake</b>	<p>Wheat flour (Gluten), Sugar, Corn starch, Raising agent, Dextrose, Salt, Fibre, Flavourings.</p>	600g		● add	● add	●	●								●	●	

## Bake Mixes

 Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Sticky Malva Pudding</b>	<p>APRICOT BUTTER GLAZE: Sugar, Filtered water, Butter (Cream, Salt), Apricot jam (Sugar, Filtered water, Apricots, Corn starch, Lemon concentrate, Citric acid, Salt), Salt, Flavouring, Stabiliser.</p> <p>DRY MIX: Sugar, Wheat Flour (Gluten), Baking Powder, Raising Agent, Corn Starch, Cocoa powder, Salt, Colourant: Caramel, Citric Acid, Flavouring.</p>	500g		● add	●	●	●								●	Kosher Parev	●

## Marinade & Baste

 Variant	Ingredients List	Unit Size	Contains Fish	Contains Egg	Contains Dairy	Contains Wheat	Contains Gluten	Contains Sesame	Contains Soya	Contains Sulphur Dioxide	Contains Nuts	Contains Garlic	Low Fat	Vegan	Halaal	Kosher Parev	Kosher Dairy
<b>Smokey Chipotle BBQ</b>	Filtered water, Fresh onion, Fresh red pepper, Tomato paste, Vinegar, Red grape concentrate, Vegetable oil (Canola seed) (Antioxidant: Vitamin E), Sugar, Fresh jalapeño chilli, Salt, Garlic, Corn starch, Spices (Radurised), Dried chipotle chilli (1 %), Molasses, Lactic acid, Colourant: Caramel, Flavouring, Citric acid, Yeast extract, Dried mushrooms, Stabiliser: Xanthan gum, Lemon concentrate.	320ml												●	●	Kosher Parev	Kosher Dairy
<b>Sticky Plum &amp; Soy</b>	Plums (55 %), Filtered water, Molasses, Sugar, Soy sauce (5 % (Water, Soyabeans, Wheat [Gluten], Salt), Salt, Spices (Radurised), Acidity regulator (Citric acid).	320ml				●	●		●					●	●	●	